

# AUTISM & ADHD

## Parent/Carer Support Group

This is a parent/carers lead support group.

A safe space to discuss your child's or family's needs regarding behaviours that are indicative of Autism and/or ADHD. A chance to feel less isolated with an opportunity meet other parents/carers with similar experiences.

Experienced staff from the Neurodevelopmental Behavioural Support team are on hand to offer guidance, support, useful strategies, information, and answer questions.

The group is mainly centred around group discussion, however if you wish to speak to a member of the team 1-1, we will always endeavour to do our best to accommodate this.

Please note this is a parent/carers support group. If you need to bring children, we cannot offer any supervision and they will remain in your care throughout the session.

No diagnosis required.

For general NBS enquiries Email - [family servicenbs@nottsccl.gov.uk](mailto:family servicenbs@nottsccl.gov.uk)

# AUTISM & ADHD

## Parent/Carer Support Group

**Drop in and visit us at any of the following venues and stay as little, or long as you like**

**Bingham Children's Centre, Eaton Place, Bingham, NG13 8BE**

Wednesdays 13:00-15:00 Alternate months with Candleby Lane School  
19<sup>th</sup> April, 7<sup>th</sup> June, 13<sup>th</sup> Sept, 8<sup>th</sup> Nov

**Cotgrave Candleby Lane School, Candleby Ln, Cotgrave, NG12 3JG**

Wednesday 13:00-15:00 Alternate Months with Bingham  
10<sup>th</sup> May, 5<sup>th</sup> July, 4<sup>th</sup> Oct, 6<sup>th</sup> Dec

**Albany Infants School, Grenville Dr, Stapleford, NG9 8PD**

Tuesdays 13:00-15:00  
25<sup>th</sup> April, 23<sup>rd</sup> May, 13<sup>th</sup> June, 18<sup>th</sup> July, 19<sup>th</sup> Sept, 17<sup>th</sup> Oct, 21<sup>st</sup> Nov, 12<sup>th</sup> Dec

**Daybrook Medical Practice, Salop St, Daybrook, NG5 6HP**

Tuesdays 09:30-11:30  
25<sup>th</sup> April, 16<sup>th</sup> May, 13<sup>th</sup> June, 11<sup>th</sup> July, 19<sup>th</sup> Sept, 10<sup>th</sup> Oct, 14<sup>th</sup> Nov, 12<sup>th</sup> Dec

**Kirkby East Children's Centre, The Summit Centre, Kirkby in Ashfield, NG17 7LL**

Wednesdays 09:30-11:30 Alternate months with Butler's Hill from July  
26<sup>th</sup> April, 24<sup>th</sup> May, 14<sup>th</sup> June, 27<sup>th</sup> Sept, 22<sup>nd</sup> Nov

**Butler's Hill & Broomhill Children's Centre, Broomhill Rd, Hucknall NG15 6AZ**

Wednesdays 09.30-11.30 Alternate months with Kirkby Children's Centre from July  
19<sup>th</sup> July, 18<sup>th</sup> Oct, 13<sup>th</sup> Dec

**Mansfield Woodhouse Children's Centre, Swan Lane, NG19 8BT**

Thursdays 09:30-11:30  
20<sup>th</sup> April, 18<sup>th</sup> May, 8<sup>th</sup> June, 13<sup>th</sup> July, 14<sup>th</sup> Sept, 12<sup>th</sup> Oct, 16<sup>th</sup> Nov, 14<sup>th</sup> Dec

**Hawtonville Children's Centre, Bowbridge Rd, Newark, NG24 4EG**

Tuesdays 13:00-15:00  
18<sup>th</sup> April, 09<sup>th</sup> May, 6<sup>th</sup> June, 4<sup>th</sup> July, 12<sup>th</sup> Sept, 3<sup>rd</sup> Oct, 7<sup>th</sup> Nov, 5<sup>th</sup> Dec

For updated **DATES ONLY** email - [FamilyServiceNBSDropInGroup@nottsccl.gov.uk](mailto:FamilyServiceNBSDropInGroup@nottsccl.gov.uk)